

# Where to Get Answers

About Your Employee Benefits



**Need to sign up for your medical benefits?**

**Need to change your benefits?** Marriage, divorce, birth of a child?

**What do I pay?** Benefit rates & premiums.

**American Trustee**

Contact: William Allison  
william.allison@americantrusteeinc.com  
(800) 958-8199

**I have a question about a claim.**

**How much of my deductible/out-of-pocket have I met?**

**I have a question about Flex Benefits.**  
(FSA & HSA)

**Professional Benefit Administrators (PBA)**

www.pbaclaims.com  
Call (800) 435-5694

**I need to get surgery.**

**Nomi Health**

(a.k.a. Everyone Health)  
getcare@nomihealth.com  
Call (855) 601-1900

**I have a question about imaging/labs.**

**Assist Health Group**

www.assisthealthgroup.com  
Call (888) 996-0650

**How do I access the free Telemedicine benefit?**

Download the **MyBenefitsWork™** app  
Or register at mybenefitswork.com  
Call (800) 800-7616

**Where do I find information about all of my benefits?**

**Visit** mycrossroadsbenefits.com

**Still have questions?**

**Contact your Benveo concierge**

benefits@benveo.com  
Call (844) 722-9378